

NEW LEAF PREP ACADEMY

Birthday Treat Guidelines

Birthdays are not just another day at New Leaf Prep Academy; they are a time of joy and celebration for our students. We all come together to make these days special, and we enjoy every moment of it!

At new Leaf, we place a strong value on healthy and organic options. It's not just a preference, it's a commitment to the well-being of our students. This is why it's important that birthday treats also reflect this. Desert-type items such as cookies, cakes, ice cream, brownies, or other dessert-type items will not be permitted.

If you plan to bring in a special treat to celebrate (which is entirely optional) we do need to be made aware **at least one week** in advance, and snacks must meet the following criteria:

- It must be a healthy option with a fruit or vegetable
- No Corn Syrup in ingredient lists
- Should contain limited refined sugar
- Sugar can not be listed in the first three ingredients
- No artificial colorings or preservatives
- Apples or Dairy must be Organic
- We also ask that the snacks are not homemade

Examples: Ants on a Log, Organic apples and peanut butter, chocolate-coated bananas, fruit or vegetable pinwheels, fruit popsicles, trail mix, chips and humus, etc.

Providing the teachers with notice allows them to plan and ensure that the Birthday Treat is served on the day of.

Parents, please complete the Google Document attached to acknowledge whether your student can or cannot have all birthday treats that are brought in throughout the school year as long as they meet New Leaf guidelines. Parents will not be made aware of when or what Birthday Treats are served as long as it follows New Leaf guidelines and the Google Document has been signed.

Students who have birthdays in the Summer months are invited to bring in a treat and celebrate their half-birthday with the class.